



Help sheet For Ukrainian students

General

This sheet includes some links to support services available to students seeking help.

Note: This guide has been created as part of the Studierendenservice's NICE Project (DAAD Stibet 1 – D24004) initiatives. The author is not responsible for the content of any external links or references.

All information is offered without liability.

- HWR Berlin's Student Advisory Service is the first point of call for all students regardless, of their enquiry including psychological counselling:
<https://www.hwr-berlin.de/en/study/counselling-services/psychological-counselling/>
- If you are already medically insured, you can look for available therapists in Berlin:
<https://www.116117.de/de/index.php>
- Another resource to find an available therapist in Germany is here:
<https://www.therapie.de/psyche/info/>
- There are organisations specializing in providing help in Berlin and Brandenburg such as KommMit - für Geflüchtete und Migrant:innen e.V.
<https://www.kommmit.eu/de>
- Support hotline for women:
<https://www.hilfetelefon.de/>

Humanitarian support organisations

Listed below are some organisations in Berlin that bring Ukrainians in Germany together.

- Plast Ukrainischer Pfadfinderbund in Deutschland e.V.:
<https://plastde.org/de/>
- Die Ukraine-Hilfe Berlin:
<https://ukraine-hilfe-berlin.de/>
- PUSH-UA Potsdam-Ukraine Soziokultureller Hub e.V.i.G.:
<https://www.push-ua.de/de>
- IWEK e.V. Initiative für Wissensaustausch, Empowerment und Kultur:
<https://iwekev.de/en/>

You are in the right place to ask for help. HWR Berlin wants you to feel safe and heard.

Contact us: <https://www.hwr-berlin.de/en/study/counselling-services/student-counselling-services/>